



# Crisis Emotional Care Team

## A Note From Leadership

Dear CECT Cadre,

As we come to the end of this year's Pride Month, we wanted to take a moment and reflect on what Pride means to us. Being part of the LGBTQIA+ community and seeing what is happening to my community has enraged, saddened, and worried me in equal measure. It has been difficult to focus on the good when so many in this community are facing trauma and disaster brought on by homophobic and transphobic protests and legislation.

So allow me a moment to address the joy and celebratory moments happening within the LGBTQIA+ community. Pride marches have been successfully occurring across the country all month. For the first time, Vibrant Emotional Health will be marching in NYC's Pride Parade on Sunday, June 26th. We'll be starting our march in mid-afternoon. If you'll be there or watching the broadcast, look out for us in our blue Vibrant pride shirts! You can find out more about the march, including the route and broadcast information at [NYCPride](#).

[Click here to view the full letter](#)

## Updates from the Crisis Emotional Care Team

### Afghan Deployment:

We are still seeking members of the CECT cadre to deploy in-person to [Leesburg, Virginia](#) and there is currently a strong need for child and adolescent providers.

The following providers are also needed:

- Psychiatrists, Nurse Practitioners (authorized to issue prescriptions), Clinical Psychologists
- Sexual Assault Specialists
- Suicide Prevention Specialists
- Licensed Marriage and Family Therapists
- Social Workers + Case Managers

Deployed volunteers will provide specialized behavioral health care to the Afghan guests that the government is caring for in Virginia. Travel and accommodations, and a meal per diem will be covered by our team.

If you are able to deploy for at least 10 days, please complete our Afghan Deployment Information Form below and we will be in touch with you shortly.

[Sign Up to Deploy](#)

*\*Note: Please refrain from volunteering for this deployment if you are or think you may be pregnant.*

## Self-Care Tips for Volunteers

Have you been feeling burned out lately? Or are you experiencing compassion fatigue? As an emotional care provider, your wellness is just as important as those you support. Here are some useful tips to help you mind your wellness and embrace all the feels of self-care.

**Tip # 35:** Join a book club or movie club - Finding your tribe or a community of folks with similar interests is a great way to build human connections while doing something that brings you joy.

**Tip # 36:** Try a new healthy recipe - Summer is officially here and a variety of fruits and vegetables are now in season. Here are some [summer dishes](#) to inspire you.

## New & Noteworthy on the CECT Resource Library

View our volume of academic and news articles, training resources, and more in our resource library. To view the latest articles on LGBTQ+ experiences in disasters, click the button below and enter the password **vibrant** for access.

[CECT Resource Library](#)

Have you published work that you want us to add to our Resource Library? [Send it to us!](#)

## Emotional and Mental Health Events

[Afghanistan's earthquake: When a disaster meets a humanitarian crisis webinar](#)

July 7, 2022  
12 p.m. ET/11 a.m. CT  
Virtual

[Native Wellness Institute: Being an Ally in Indian Country Training](#)

July 12 - 13, 2022  
Virtual

[Climate refugees: Supporting receiving communities](#)

July 14, 2022  
2 p.m. ET/1 p.m. CT  
Virtual

[American Hospital Association Leadership Summit](#)

July 17 - 19, 2022  
San Diego, CA

[The Effects Of Racism On The Mental Healthcare Community: How Marginalized Patients & Providers Are Impacted Webinar](#)

July 21, 2022  
Virtual

## June Birthdays

Join us in celebrating the following cadre member birthdays this month.

June 3	Megan Svendsen
June 4	Paige Johnson-Brown Anastasia Steel
June 5	Ashley Green Grace Leader
June 8	Olivia Barton Breyona Johnson Dr. Vishakha Modak Donna Paul
June 9	Anna Velychko
June 10	Ksenia Cassidy
June 11	Meghan McCann
June 12	Elise Brockenberry
June 13	Oleksandr Trofymenko
June 14	Bahar Salehi
June 15	Namir Damijij
June 16	Carin Mansud
June 17	Chris Kang Nancy Murakami
June 18	Heidi Horsley
June 19	Stuart Katz
June 22	Irene Jun Amrantha Kalra Juliet Madsen
June 23	Louis Neal McLaughlin
June 24	Xiaoyan Hu
June 26	Samantha Garcia
June 30	Liza Chigos Bridget McCann Leslie Rogers



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