



CECT L!brary

Reader's Digest

Greetings cadre,

Over the last few weeks, there has been considerable conversation about the role of paramedics, EMTs, nurses, and other emergency medical personnel in instances of police violence against a citizen. While there is a dearth of research on this subject, there are current and ex-nurses writing pieces about their experience with police in emergency rooms and those questioning the legality of police presence in emergency departments (see the Books & Other Media section for more).

So this month, we are bringing a mix of articles on the trauma of systemic injustice, the effect of large-scale trauma such as the COVID-19 pandemic on medical personnel and first responders, and the various ways large-scale crises and disasters affect medical personnel in all sorts of professions.

It is difficult for the world's nurses, EMTs, and doctors to keep doing their job to the best of their abilities when they are burnt out, fatigued, stressed, and traumatized by their day to day. Hopefully, these articles can help shed a little light on how teams and volunteers like ours can best assist.

Special thanks to our volunteer Saskia, who provided us with articles on moral injury within healthcare workers.

With care,

Crisis Emotional Care Team

Latest Additions

Bailey, J. A., Jacoby, S. F., Hall, E. C., Khatri, U., Whitehorn, G., & Kaufman, E. (2022). [Compounding trauma: The intersections of racism, law enforcement, and injury](#). *Current Trauma Reports*, 8, 105-112.
<https://doi.org/10.1007/s40719-022-00231-7>

An excellent entry-point to the history of law enforcement within the United States, the policies and methods of law enforcement throughout US history, and how that is impacting Black people specifically and people of color more

broadly—particularly the various injuries that Black people and other people of color experience at the hands of police every day. The article rounds out with some ideas of how to prevent injury at the hands of police by decreasing their presence in emergency rooms, sending out crisis and mental health intervention units instead of police, and more.

Kaze, E., Vanderoost, J., & Sabbe, M. (2022). [Did COVID-19 change emergency department admissions?](https://doi.org/10.1007/s40719-022-00231-7) *Current Trauma Reports*, 8, 105-112. <https://doi.org/10.1007/s40719-022-00231-7>

This research out of Germany showcased the way COVID-19 impacted people's admissions and entrance to emergency rooms at a major university hospital. Specifically, the authors looked at admissions for patients exhibiting symptoms of the First Hour Quintet, or: Cardiac arrest, severe respiratory difficulties, severe trauma, chest pain, and stroke. The study found a decrease in patients admitted with FHQ diagnoses, but an increase in the second wave of patients admitted with cardiac arrest or stroke.

Cogan, R., Nickitas, D.M., Mazyck, D. et al. (2019). [School nurses share their voices, trauma, and solutions by sounding the alarm on gun violence](https://doi.org/10.1007/s40719-019-00179-1). *Current Trauma Reports*, 5, 178–186. <https://doi.org/10.1007/s40719-019-00179-1>

In this review, the authors look at the impact that mass shootings and gun violence in schools has had on in-school nurses. To date, there are no standard best-practices or evidence-based programs for school nurses on how to handle school shootings, trauma, vicarious trauma, and other psychological effects of disasters that they may experience in the course of their duties. This article provides a voice for school nurses to state what they need in order to best serve and protect their students, teachers, and themselves.

Open Access Reads

Akhtar, M., Faize, F. A., Malik, R. Z., & Tabusam, A. (2022). [Moral injury and psychological resilience among healthcare professionals amid COVID-19 pandemic](https://doi.org/10.12669/pjms.38.5.5122). *Pakistan Journal of Medical Sciences*, 38(5), 1338. DOI: 10.12669/pjms.38.5.5122

Litam, S. D. A., & Balkin, R. S. (2021). [Moral injury in health-care workers during COVID-19 pandemic](https://doi.org/10.1037/trm0000290). *Traumatology*, 27(1), 14–19. <https://doi.org/10.1037/trm0000290>

Taylor JA, Murray RM, Davis AL, et al. (2022). [Model policies to protect](https://doi.org/10.1007/s40719-022-00231-7)

Paywalled Articles

Allen, J. A., Taylor, J., Murray, R. M., Kilcullen, M., Cushenbery, L., Gevers, J., Larson, L., Ioku, T., Maupin, C., Perry, S., Park, S., Rosen, M., Fry, T., McLeod, P., Harris, A., & Fosler, K. (2020). [Mitigating Violence Against First Responder Teams: Results and Ideas From the Hackmanathon](https://doi.org/10.1177/1046496419876342). *Small Group Research*, 51(3), 375–401. <https://doi.org/10.1177/1046496419876342>

Lanza, A., Roysircar, G., & Rodgers, S. (2018). [First responder mental healthcare: Evidence-based prevention, postvention, and](https://doi.org/10.1007/s40719-018-00179-1)

[U.S. fire-based EMS responders from workplace stress and violence.](#)
NEW SOLUTIONS: A Journal of Environmental and Occupational Health Policy, 32(2), 119-131.
doi:10.1177/10482911221085728

treatment. *Professional Psychology: Research and Practice*, 49(3), 193.
<http://dx.doi.org/10.1037/pro0000192>

Books & Other Media

Lee, M. B. (2022, February 3). It's time to reevaluate police presence in emergency rooms. *Health Policy Musings*.
<https://sites.tufts.edu/cmph357/2022/02/03/its-time-to-reevaluate-police-presence-in-emergency-rooms/>

Song, J. S. (2020). Policing the emergency room. *Harv. L. Rev.*, 134, 2646.
<https://harvardlawreview.org/2021/06/policing-the-emergency-room/>

International Reads

Greinacher, A., Derezza-Greeven, C., Herzog, W., & Nikendei, C. (2019). [Secondary traumatization in first responders: A systematic review.](#) *European Journal of Psychotraumatology*, 10(1), 1562840.
<https://doi.org/10.1080/20008198.2018.1562840>

Li, J. H., Chen, T. W., Lee, H. F., & Shih, W. M. (2021). [The effects of emergency room violence toward nurse's intention to leave—resilience as a mediator.](#) *Healthcare (Basel, Switzerland)*, 9(5), 507.
<https://doi.org/10.3390/healthcare9050507>

Visit our [Digital Library](#) with passcode “vibrant” for more resources on COVID-19 and trauma.

Have an article you think would fit in our digital library? Submit it through our [CECT Resource Library Submission Form](#) to get it included. We accept links to news articles, opinion pieces, and journal articles.

If you haven't yet, don't forget to check out Vibrant's 2023 Symposium! You can find information on it, including how to register, at <https://vibrantsymposium.info/>.



Copyright © 2023 Vibrant Emotional Health, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

