



CECT L!brary

Reader's Digest

Happy Holidays, cadre!

A lot has happened this year, both for the CECT and for many of our wonderful volunteers. We've focused more efforts on education and research than previous years, along with our usual direct behavioral health care for people experiencing disasters. It's been a great year reading up on current and past research into disaster psychiatry, including sharing all that research with you.

So we thought in this final Resource Library Newsletter of 2023, we would focus on research that came out this year on new measures and methods focusing on disaster psychiatry, trauma, grief, and other related psychiatric phenomena. The following articles provide exciting new insights and ideas in this subject. We hope that it gives you all new information to ponder as we enter 2024.

Keep up the good work,

Crisis Emotional Care Team

Latest Additions

Hyland, P., Redican, E., Karatzias, T., & Shevlin, M. (2023). The International Grief Questionnaire (IGQ): A new measure of ICD-11 prolonged grief disorder. *Journal of Traumatic Stress*, 1-13. <https://doi.org/10.1002/jts.22986>

This research looks at a new brief measure that was created to screen for Prolonged Grief Disorder in the International Statistical Classification of Diseases and Related Health Problems (ICD-11). The International Grief Questionnaire (IGQ) looks to capture the core symptoms of PGD rather than the associated symptoms, which previous measures have focused on. The proposed new measure consists of seven questions and was found by the researchers to have excellent internal validity and result in statistically significant results, suggesting that it might be a useful measure for psychiatrists to use with patients.

Reed, J., Taylor, J., Randall, G., Burgess, A., & Meiser-Stedman, R. (2023). Associations between the Trauma Memory Quality Questionnaire and posttraumatic stress symptoms in youth: A systematic review and meta-analysis. *Journal of Traumatic Stress, 36*(1), 31-43.
<https://doi.org/10.1002/jts.22903>

In this meta literature review, the researchers look into the relationship between trauma memory characteristics measured through the Trauma Memory Quality Questionnaire and PTSS in children and adolescents. Their review shows that there is a strong association between memory characteristics and both concurrent and future PTSS in children and adolescents. They make the argument that this supports the need for the cognitive model of PTSD, which highlights the importance of appraising cognitive abilities and memory after traumatic events.

Shevlin, M., Redican, E., Murphy, J., Hyland, P., & Karatzias, T. (2023). Testing the latent structure of ICD-11 prolonged grief disorder symptoms in the UK adult population: An exploratory structural equation modeling approach. *Journal of Traumatic Stress, 1-13*. <https://doi.org/10.1002/jts.22972>

In this article, the researchers behind the IGQ look at the latent structure of prolonged grief disorder utilizing the International Prolonged Grief Disorder Scale. Through exploratory structural equation modeling, they assessed the latent structure, looked for predictors of the identified factors, and searched for any associations between each factor and functional impairment. They found that three factors—loss, emotional numbing, and emotional reactivity—best represented the latent structure of IPGDS. This, they argue, clearly shows that prolonged grief disorder can be viewed as a multidimensional construct, which may help mental health providers caring for people with the disorder.

Paywalled Articles

Adams, S. W., Layne, C. M., Contractor, A. A., Allwood, M. A., Armour, C., Inslicht, S. S., & Maguen, S. (2023). The Middle-Out Approach to reconceptualizing, assessing, and analyzing traumatic stress reactions. *Journal of Traumatic Stress, 1-15*.
<https://doi.org/10.1002/jts.23005>

Gros, D. F., Saulnier, K. G., & Allan, N. P. (2023). Exploring trajectories in transdiagnostic behavior therapy. *Journal of Traumatic Stress, 36*(4), 668-681.
<https://doi.org/10.1002/jts.22963>

Open Access Reads

Sheth, N., O'Connor, S., Patel, S., & Dutton, M. A. (2023). To screen or not to screen: Exploring and addressing effective screening processes for trauma among forced migrants. *Journal of Migration and Health, 7*, 100148.
<https://doi.org/10.1016/j.jmh.2022.100148>

Wathen, C. N., Schmitt, B., & MacGregor, J. C. (2023). Measuring trauma-(and violence-) informed care: A scoping review. *Trauma, Violence, & Abuse, 24*(1), 261-277.
<https://doi.org/10.1177/1524838021>

Klein, A. B., Schnurr, P. P., Bovin, M. J., Friedman, M. J., Keane, T. M., & Marx, B. P. (2023). An empirical investigation of definitions of subthreshold posttraumatic stress disorder. *Journal of Traumatic Stress*, 1-13.
<https://doi.org/10.1002/jts.22987>

Sabados, D., & Potash, J. S. (2023). Art for humanizing mental illness when teaching diagnosis. *Journal of Humanistic Psychology*, 00221678231161386.
<https://doi.org/10.1177/00221678231161386>

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International Reads

Krakowczyk, J. B., Beckord, J., Planert, J., Kohl, P., Schweda, A., Teufel, M., & Bäuerle, A. (2023). Development and psychometric evaluation of the Man-Made Disaster-Related Distress Scale (MMDS). *Psychiatry Research*, 324, 115193.
<https://doi.org/10.1016/j.psychres.2023.115193>

Webinars, Trainings, & Resources

The Natural Hazards Center is accepting proposals for their 2024 Annual Workshop, happening July 14th to July 17th! The submissions portal closes January 24th, 2024. For more information, including how to submit, visit <https://hazards.colorado.edu/workshop/2024>

Visit our [Digital Library](#) with passcode “vibrant” for more resources.

Have an article you think would fit in our digital library? Submit it through our [CECT Resource Library Submission Form](#) to get it included. We accept links to news articles, opinion pieces, and journal articles.

Don't forget that we are accepting submissions to Vibrant's 2024 Disaster Behavioral Health Conference: We The Resilient: A conference on disaster behavioral health and building a truly resilient community. For more information about the symposium and what to submit, click here: <https://vibrantdbhcon.org/>



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