



# CECT L!brary

## Reader's Digest

Greetings cadre,

As we move into spring, there has been an accompanying increase in natural disasters. For some of us, these disasters are occurring in unprecedented places—floods across California, tornadoes well outside the usual tornado alley area, major earthquakes hitting Alaska and other parts of the northwest, and that's just what is occurring here in the US.

On top of it, we continue to see an increase in mass shootings and gun violence across the country. The recent incident in Louisville, KY, was just one of hundreds this year alone, and many are feeling shaken. This is why, along with the usual articles and research on mental health in times of disaster, we want to bring to your attention a *Just In Time* training the CECT is putting on.

This free training will take place at 9:30AM ET on Thursday, April 13th, and is offered in English, Spanish, and ASL. We will be recording it and sending a link of the recording to all registered attendees. If interested, please register here: <https://tinyurl.com/jitmv>

With care,

Crisis Emotional Care Team

### **Latest Additions**

Azad, M. J., & Pritchard, B. (2023). [The importance of women's roles in adaptive capacity and resilience to flooding in rural Bangladesh](#). International Journal of Disaster Risk Reduction, 90, 103660. <https://doi.org/10.1016/j.ijdr.2023.103660>

This research, coming out of Bangladesh, discusses women's role in adaptive response and resilience to natural disasters. The ways women in rural areas help their communities face and overcome severe flooding is often overlooked or discounted due to patriarchal gender norms in the area, so the researchers aim to shine a light on their efforts in enhancing social, financial, and human capital following disasters.

Keya T A, Leela A, Habib N, et al. (2023). [Mental health disorders due to disaster exposure: A systematic review and meta-analysis](#). *Cureus*, 15(4), e37031. doi:10.7759/cureus.37031

Here researchers highlight the myriad ways in which disaster exposure affects mental health disorder and illness occurrence and diagnosis in communities. They look at prevalence rates before and after disasters and by type of disaster across various countries and cultures.

Koster, S. M., Koot, H. M., Malik, J. A., & Sijbrandij, M. (2022). [Associations among traumatic experiences, threat exposure, and mental health in Pakistani journalists](#). *Journal of Traumatic Stress*, 35(2), 581-592. <https://doi.org/10.1002/jts.22772>

Research coming out of Pakistan looking at the mental health effects of trauma and threat exposure on journalists who cover crime, military, disasters, and other similar topics. In times of danger and crisis, citizens often look first to journalists for answers and assistance, whether through written articles in newspapers or through journalists' social media accounts. However, very few people look at how this might all be affecting journalists' mental health.

### **Open Access Reads**

Chaffee, M. W. & Oster, N. S. (2006). [The role of hospitals in disaster](#). In G. R. Ciottone, P. Anderson, & E. Auf Der Heide (Eds.), *Disaster medicine* (pp. 34-42). Mosby Elsevier. <https://doi.org/10.1016%2FB978-0-323-03253-7.50012-1>

Kaminsky, M., McCabe, O. L., Langlieb, A. M., & Everly, G. S. (2007). [An evidence-informed model of human resistance, resilience, and recovery: The Johns Hopkins' outcome-driven paradigm for disaster mental health services](#). *Brief Treatment and Crisis Intervention*, 7(1), 1-11. doi:10.1093/brief-treatment/mhl015

Palinkas, L. A. (2015). [Behavioral health and disasters: Looking to the future](#). *J Behav Health Serv Res*, 42(1), 86-95. doi:10.1007/s11414-013-9390-7

### **Paywalled Articles**

Goralnik, E., Serino, R., & Clark, C. R. (2021). Equity and disasters: Reframing Incident Command Systems. *American Journal of Public Health*, 111(5), 844-848. <https://doi.org/10.2105/AJPH.2021.306171>

Maia, Â., Sousa, B., Correia-Santos, P., & Morgado, D. (2022). Posttraumatic stress symptoms and posttraumatic growth in a community sample exposed to stressful events: A (not so) curvilinear relationship. *Traumatology*, 28(1), 98–108. <https://doi.org/10.1037/trm0000314>

Roseby, S., & Gascoigne, M. (2021). A systematic review on the impact of trauma-informed education programs on academic and academic-related functioning for students who have experienced childhood adversity. *Traumatology*, 27(2), 149–167. <https://doi.org/10.1037/trm0000276>

### **Books & Other Media**

Monirul Alam, G. M., Erdiaw-Kwasie, M. O., Nagy, G. J., & Filho, W. L. (Eds.). (2021). Climate vulnerability and resilience in the global south: Human adaptations for sustainable futures. Springer. <https://doi.org/10.1007/978-3-030-77259-8>

### **Webinars & Trainings**

Join the CDP for [Nothing about us without us: Disasters and disabilities](#) with Tanya Gulliver-Garcia, Nikki Brown-Booker, Scott Cameron, and Vance Taylor this Thursday, April 13th, at 2PM ET.

Visit our [Digital Library](#) with passcode “vibrant” for more resources on COVID-19 and trauma.

Have an article you think would fit in our digital library? Submit it through our [CECT Resource Library Submission Form](#) to get it included. We accept links to news articles, opinion pieces, and journal articles.

If you haven't yet, don't forget to check out Vibrant's 2023 Symposium! You can find information on it, including how to register, at <https://vibrantsymposium.info/>.



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