

V!brant Emotional Health

Crisis Emotional Care Team

Community

Registration for our 3rd Annual Symposium is open and flexible! We will offer 2 full days of in-person sessions or limited plenary and keynote sessions virtually.

We are providing a variety of dynamic presentations and points of connection, and are proud to feature Vibrant's own *Chronic Cyclical Disaster Model*, which has been shaped by a number of the Crisis Emotional Care Team's advisors and Vibrant Emotional Health's senior staff.

As a member of the CECT Community, please enjoy 20% off admission with code **CADRE23**.

In anticipation of the 2023 event, recordings from our 2022 Symposium, *Bridging the Gap*, can be viewed [here](#).

The Crisis Emotional Care Team

V!brant
Emotional Health



Vibrant Disaster Behavioral Health Symposium

**The Power of Community and Connection
in Disaster Behavioral Health**

Vibrant Emotional Health will celebrate The Power of Community and

Connection in Disaster Behavioral Health at the 2023 Annual Symposium in Washington, D.C., May 24-26, 2023.

Join your colleagues, friends, and industry leaders at American University to learn about the myriad of ways people engage in collective work to navigate disaster or crisis.

To view the full program, visit: vibrantsymposium.info/program

[Register Here](#)

Please share this event widely with your peers!

If you have any questions about the symposium, email us at crisiseotionalcare@vibrant.org.

Wellness Tips

Find release – Grab a journal and let your thoughts and emotions flow. Write for as little or as long as you need to. Don't get caught up in the details, just write until the tension leaves your body. Here are some [writing prompts](#) to get you started.

Do something you love – Was there something you used to do that brought you joy or allowed you to take a step back from all the chaos? Schedule some me time and fall in love with that activity all over again.

Behavioral Health Events

[National Hospice and Palliative Care Organization Conference](#)
April 24 – 26, 2023
Virtual

[National Tribal Health Conference and Public Health Summit](#)
May 1 – 5, 2023
Anchorage, AK

[National VOAD Conference](#)
May 8 – 11, 2023
St. Louis, MO

[Early Life Stress and Mental Health Symposium](#)
May 11, 2023

Cambridge, MA

Mental Health America Annual Conference

June 6 – 10, 2023

Washington, DC



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